

SARAH GRACE

SACRED WILD, 2023



30 March – 23 April 2023

Candice Berman

fine art | framing | advisory

SARAH GRACE

SACRED WILD

2023

"I painted these works over the course of a year (Nov 2021 - Oct 2022), my first year of motherhood.

Leaning into the beauty of nature more than ever before; my spiritual escape where I found my new self and deeper meaning.

Many feelings and thoughts came up in my transition to motherhood. Some of which I had no idea how to process and mostly wanting to run away from it all. I remember feeling intense grief, anger and loneliness in those early months with a newborn. It was scary and very unsettling.

Wrapped up in my own crazy emotions I called on my environment to help guide, heal and move me out of my confusing head space.

I started painting; as early as 3 weeks postpartum because I needed to feel some part of 'me' again.

Visions of light, colour and texture poured into me. I kept feeling this nostalgic sense of worship, peace, a give and take between me and an unseen magic. I began to paint from a new place. It felt like I was seeing my environment for the first time. Allowing the freshness and wonder to wash over me. Giving beauty a space to move through me.

Placing my savior, Nature at the center of these alter pieces I hope to capture the feelings of deep healing through natural beauty. And a true sense of joy that comes after the hardest times."

- Sarah Grace, 2023



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SARAH GRACE

Where did we begin? I we're here now, where could we have come from? The ancient cultures of earth often shared a belief in the world egg. The birthplace of titans and gods, who shaped the universe to give each of us the gift of life. If all knowledge was lost in our mental and recorded history, what would we believe?

With the death of language, religious foundation and universal expertise in the sciences, what mew stories would we tell? Is human nature to create myths that explain our existence and weave the fabric of culture. Would we tell the same prehistoric stories that so many before us have believed in isolation?







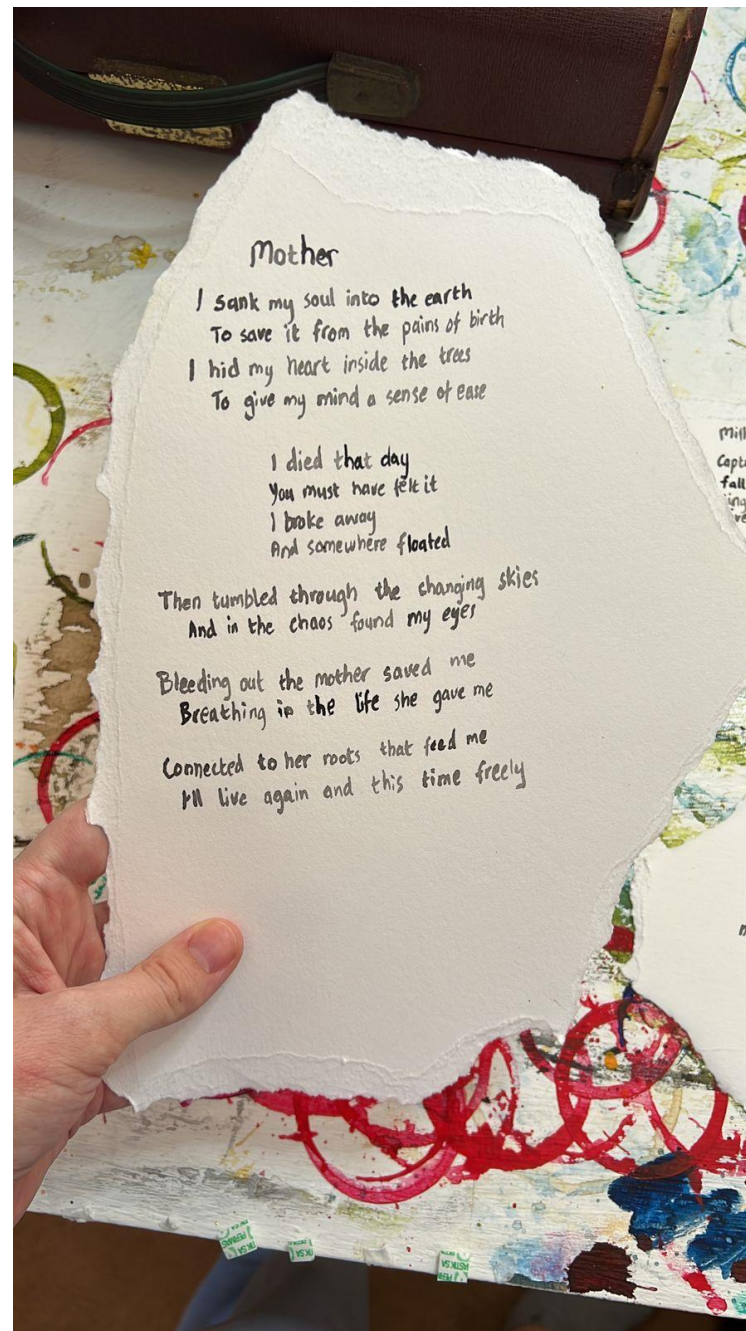


Sarah Grace (b.1990)

Mother, 2022

194 x 316 x 5cm

Acrylic, gold leaf, charcoal
and soft pastels on canvas



Mother

I sank my soul into the earth
To save it from the pains of birth
I hid my heart inside the trees
To give my mind a sense of ease

I died that day
You must have felt it
I broke away
And somewhere floated

Then tumbled through the changing skies
And in the chaos found my eyes

Bleeding out the mother saved me
Breathing in the life she gave me

Connected to her roots that feed me
I'll live again and this time freely

*"Each artwork in the
Sacred Wild series is
accompanied by a hand-
written poem telling the
story behind that
journey."*

Sarah Grace



SARAH GRACE | SACRED WILD, 2023 | CANDICE BERMAN GALLERY



SARAH GRACE IN STUDIO | 'MEADOW LOVE", 2022





*“Fall back on a bed of flowers
Sweet grass from the earth
come forth*

*Eyes that reflect the sky light
Thoughts of a lover drifting
like clouds*

*Moments are stretched to a lifetime
Abundance be found in the days when
I dream*

*The closer I get to the meadows
And mountains and streams
I am home
I am free”*

Meadow Love, 2022



Sarah Grace (b.1990)

Meadow Love, 2022

F: 210 x 387 x 5cm

Acrylic, gold leaf, charcoal
and soft pastels on canvas





SARAH GRACE | SACRED WILD, 2023 | CANDICE BERMAN GALLERY









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Sarah Grace (b.1990)

The Grotto, 2022

F: 212 x 320 x 5cm

Acrylic, gold leaf, charcoal
and soft pastels on canvas



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*"Tiny feet come padding past
Upon the newly bladed grass
With little fingers grasping stems
Of baby budding daisy heads
The precious laughs of one so small
Reflect the seasons joyful calls
Delight is in each moment lived
Through you I see a world I missed"*

- *Poem for Little Spring*

Sarah Grace (b.1990)

Little Spring, 2022

F: 111 x 215 x 5cm

Acrylic, gold leaf, charcoal
and soft pastels on cotton
canvas







Sacred Wild is accompanied by an Independent film "Freeflow" by SJ van Brede



SOLO EXHIBITIONS

2023 – Sacred Wild, Candice Berman Gallery, Johannesburg South Africa

2021 - Ancient Sunlight, Candice Berman Gallery, Johannesburg, South Africa

2020 - Stolen from a Dream, Candice Berman Gallery, Johannesburg, South Africa

2018 - Cosmic Egg, Priest Gallery, Johannesburg, South Africa

GROUP EXHIBITIONS

2019 - Conversations in Texture, curated by Khumo Sebambo, Candice Berman Gallery, Johannesburg, South Africa

2019 - Small Room, Curated by Sarah Grace, Priest Gallery

2018 - Abstract, Gallery 2

2017 - Tectonic, Curated by Jonathan Freemantle, Hazard Gallery

2016 - Alice Show, Curated by Gordon Froud. Nugget Square Group Show, Curated by Sarah Grace, SoMa Maboneng

2016 - I OBJEKT, Curated by Gordon Froud, Art It Is

2016 - Site Specific Land Art, Curated by Chris Reinders, Emmarentia Park.

PUBLICATIONS

2019 - Finalist in the Emerging Painting Invitational (EPI)

2018 - Cosmic Egg, Art Africa

EDUCATION

Sarah Grace was born in KwaZulu-Natal (South Africa) and schooled by artist parents Janine & George Holloway. She worked part-time for diverse artists from a young age, including Jane du Rand, Richard Hart, Roger Jardine, Andries Botha, Pascale Chandler & Neil Coppen.

Sarah moved to Joburg in 2015 in order to focus on creating art full time And shortly after, became assistant Artist to Mandy Coppes-Martin for 6 months. Sarah took a studio in Nugget Square Studios alongside artists, George Holloway, Gordon Froud, Mandy Coppes-Martin, Vivien Kohler, Louis Olivier and Nandipha Mntambo.



*Riverside Shopping Center, Bryanston,
Johannesburg*

+27 84 842 8202



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